



11 January 2024

Dear Parents/Guardians,

**MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME**

Sexuality Education (SEd) in schools aims to enable students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships with others, including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

2. The **goals** of Sexuality Education are:

- a) Support students in managing their physiological, social and emotional changes as they grow up and develop safe and healthy relationships.
- b) Guide students to make wise, informed and responsible decisions on sexuality matters.
- c) Help students develop a moral compass and respect for themselves and others by having positive mainstream values and attitudes about sexuality that are premised on the family as the basic unit of society.

3. The **key messages** of Sexuality Education are:

- a) Love and respect yourself as you love and respect others;
- b) Build positive relationships based on love and respect (which are the foundation for strong families);
- c) Make responsible decisions for yourself, your family and society; and
- d) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

*Member of the Chung Cheng High School Family*

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Mission: Uphold Values, Enhance Life-skills, Maximise Potential

[www.nanyangjc.moe.edu.sg](http://www.nanyangjc.moe.edu.sg)



南洋初級學院  
NANYANG  
JUNIOR COLLEGE

4. Please visit the school's Sexuality Education webpage (<https://www.nanyangjc.moe.edu.sg/life-at-nyjc/character-development/information-on-sexuality-education-programme/>) for more information **on Nanyang Junior College's Sexuality Education Programme for 2024.**

Thank you.

Yours faithfully,

Mr Pang Choon How  
Principal

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**[Parents' Acknowledgement – This is to be signed/acknowledged by parents of all students.]**

Dear Mr Pang Choon How,

**THE GROWING YEARS PROGRAMME FOR YEAR 2024**

I acknowledge receipt of letter from the school dated on 11/01/24 regarding the school's sexuality education, *Growing Years* programme that will be taught in 2024. I have read and understood the information provided on the content coverage and delivery of the programme.

\_\_\_\_\_  
*Parent's Name & Signature*

\_\_\_\_\_  
*Date*

Parent of: \_\_\_\_\_  
*(Child's Name)*

(\_\_\_\_\_) \_\_\_\_\_  
*(Class)*

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**Annex A**

**[Parent Opt-out Form – This section is applicable only if parents wish to opt their child out of The Growing Years programme.]**

Mr Pang Choon How  
Nanyang Junior College

Dear Principal

**THE GROWING YEARS PROGRAMME FOR YEAR 2023**

1. I would like to withdraw my child, \_\_\_\_\_, of  
(full name of child)  
\_\_\_\_\_ from the *Growing Years* programme for 2024.  
(class of child)
2. My reason(s) for my decision to opt my child out of the programme:
  - Religious reasons
  - My child is too young.
  - I would like to personally educate my child on sexuality matters.
  - I do not think it is important for my child to attend Sexuality Education lessons.
  - I have previously taught my child the topics in the GY Programme for this year.
  - I am not comfortable with the topics covered in the GY Programme for this year.
  - Others: \_\_\_\_\_
3. Thank you.

\_\_\_\_\_  
*Parent's Name & Signature*

\_\_\_\_\_  
*Contact No. (mobile)*

Parent's Email Address: \_\_\_\_\_

Child's Full Name: \_\_\_\_\_

Child's Class: \_\_\_\_\_

Date: \_\_\_\_\_

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